

Classroom Discussion and Activity Guide

Extension Activity: Reflection—Text-to-Self; Text-to-World

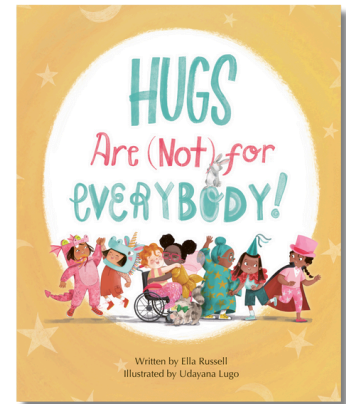
Extension Activity: Building Community—Classroom Greeting Chart

Hugs Are (Not) for Everybody

by Ella Russell, illustrated by Udayana Lugo

An affirming story about setting and respecting personal boundaries.

A group of friends explore creative ways, hugs and otherwise, to say hello and hooray.



ISBN: 9781771476393

Ages 3 to 7, Grade: K-2

Before Reading:

- What is a hug for? When do people hug and why?
- When you greet friends or family members, how do you like to say hello?

After Reading:

Reflection—Text-to-Self

- Does the way you like to say hello ever change? Why? (e.g. how you feel or who you are with)
- The birthday kid **whooshes** away when they are about to be hugged. Can you think of a time when a situation made you want to **whoosh** away? What were you feeling?

Reflection—Text-to-World

- Hugs are an everyday activity that are *not* for everybody. Why is it important to talk to each other about what makes us comfortable?



CURRICULUM CONNECTIONS

Text Forms: Realistic Fiction

Themes: Growth Mindset

Language Arts: Making Connections; Critical Thinking

Social-Emotional Learning: Self-Awareness; Social Awareness; Relationship Skills; Positive Communication

Character Education: Inclusivity; Kindness; Respect

READING LEVELS

Reading Recovery: 12

Fountas & Pinnell: G

Lexile® Measure: AD510L

Common Core: RL.1, W.1, SL.1, L.1



Building Community: Classroom Greeting Chart

The friends in the story showed us that everyone decides their own body boundaries. As a class or in groups, brainstorm different ways to greet each other. Create a chart with pictures and put it up in your classroom to encourage respect and kindness.

1. Look through *Hugs Are (Not) for Everybody* for examples of different greetings.

2. Brainstorm six fun ways to say hello and hooray. Think of creative ways to use your body and your voice.

3. Choose a shape for your chart. See examples below.

4. Design your greeting chart. Use different art supplies, bright colors, and pictures to make your chart welcoming and exciting.

5. Put the chart up in your classroom and use it with your classmates. Ask a friend what greeting they want to use today.

Remember: Your emotions change and your body boundary can change, too. You may be excited to hug one day, then comfortable giving a handshake another day. That's okay! Do whatever makes your heart happy.

Chart examples:

