

Classroom Discussion and Activity Guide

Extension Activity: Reflection—Text-to-Self; Text-to-World

Extension Activity: Art and Writing—My Thunderstorms Will Pass

Time to Leave, Laverne!

by Lana Button, illustrated by Yong Ling Kang

A relatable story about explosive behavior and emotional regulation

A young child learns how to weather the storm of her emotions with a creative solution.



ISBN: 9781771476577

Ages 4 to 7; Grade: K-2

Before Reading:

- Look at the cover. How do you think Laverne is feeling? What kind of weather do you see?

After Reading:

Reflection—Text-to-Self

- Laverne has trouble leaving. How do you feel when you have to stop an activity that you are enjoying?
- After trying lots of different things, Laverne found that what worked for her was to use her stuffies for support in handling big feelings. What works for you when you are feeling an emotional storm building?

Reflection—Text-to-World

- Do you think that Laverne's emotional thunderstorms affected her family and friends? How do you think *they* felt when Laverne was upset? And what helped? How do you feel if someone around you is upset? How can you help them?

CURRICULUM CONNECTIONS

Language Arts: Figurative Language

Social-Emotional Learning: Self-Awareness;
Managing Emotions; Relationship Skills

Character Education: Self-Respect; Respect;
Resilience; Growth Mindset

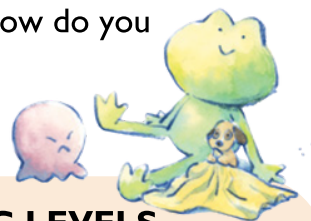
READING LEVELS

Reading Recovery: 14

Fountas & Pinnell: H

Lexile® Measure: AD640L

Common Core: RL.1, W.1, SL.1, L.1



ART AND WRITING: MY THUNDERSTORMS WILL PASS

Laverne learns to use her stuffies to help manage her big stormy feelings.

How do you manage your emotions? Draw a picture of storm clouds and write your feelings inside. Then, draw yourself holding an umbrella and write what makes you feel better. How many things can you think of?

